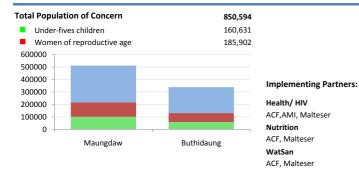
# **Myanmar**

## Fact Sheet 2009 Public Health & HIV





#### **Operational Summary**

#### Achievements:

- Completed the construction of two delivery units in Maungdaw North
- Completed the construction of an isolation ward in Maungdaw Township hospital.
- Renovated some health facilities in order to utilize as EmOC units.
- Constructed a clinic at Auk Nan Yar, Rathedaung Township.
- Kept stockpile in Maungdaw UNHCR to response to any emergency/ disease outbreak
- Provided support for the repair and reconstructive surgery for some gynaecological cases including 9 utero-vaginal prolapse and one vesico-vaginal fistula.
- Provided 991 Chulli water filters to 991 houshold in Maungdaw and Buthidaung Townships.
- Renovated 4 existing public water points with storage facilities, renovated one opened well, provided 965 ceramic clay water filters at household level, protected two ponds with fences, tested water quality at the supported sites, established 8 water users groups and trained, constructed three public latrines as demonstration and provided the material to 437 household to construct the HH latrines at Sittwe.

#### Constraints:

- Travel restriction for Muslim population to get timely referral and treatment
- Social and cultural barriers to change the communities' attitude and practices on health seeking behaviour.
- There are still gaps in very remote areas although many agencies are now working in NRS
- Overlapping, duplication of some programs in some operational areas
- Difficult to get the approval for some activities such as surveys and assessments
- Lack of support and cooperation by some health staff who see NGOs as their competitors.
- Difficult to get the data from IPs and health departments.
- Deadline to submit Health and Nutrition report to regional office is earlier than the deadline for IPs to submit report to UNHCR country office.
- Limited opportunities of IP and UNHCR staff to attend trainings, workshops and meetings in order to share and learn from other colleagues.

#### Conclusions

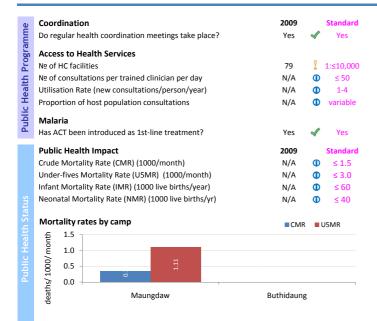
According to IP reports and data from government health department, many of the expected achievements have been reached. However, many gaps remain, among those such that are difficult to address, such as, not reaching to very remote areas, no access to all PoCs and the further need to expand the programmes. It was observed that community participation, initiatives are needed to strengthen sustainability in health promotion programmes.

#### **Recommendations and Action Points**

- UNHCR should intensify coordination efforts so to ensure that all stakeholders are involved in planning, implementation, monitoring, and evaluation.
- It is also necessary among agencies and health authorities to be transparent, in order to compliment, to avoid duplication, overlapping and to ensure the effective and efficient division/sharing of resources among all implementers.

Activities and priorities needed to achieve the expected goals in 2010:

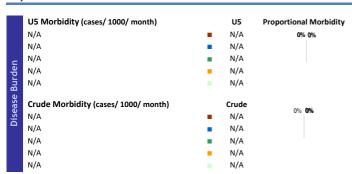
- support to establish comprehensive EmOC, child health and nutrition programmes.
- Add adolescent RH with HIV/AIDS prevention into on-going RH programmes.
- expand malaria prevention and control programmes in highly endemic village tracts
- expand WASH programme
- Contingency plan for disease outbreak
- Expand the operation area to Rathedaung and Sittwe Townships and provide necessary services to all



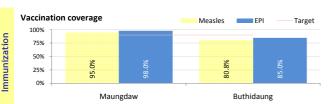
UNHCR organised monthly health coordination meeting at UNHCR Field Office regularly, and also organised regular meeting with State and Township level health authorities. In addition, UNHCR regularly coordinate with other UN agencies, UNICEF and UNFPA to support each others and to plan for collaborated programme.

Birth and death registration have some limitation for PoCs, there are many non-reported bith and death. In practical, CMR, U5 MR, and NMR could be higher than the reported figures. The Township Health Department collects birth and deaths for all persons with or without citizenship on a monthly basis, hence these indicators are the most reliable data





There were seasonal variations in the incidence rate of malaria and diarrhoea. However, no incidence rates or proportional morbidity rates are available.



In Maungdaw Township, vaccination coverage is still good as there is good collaboration and coordination among DoH and agencies. Agencies have supported DoH in the transportation of required vaccines.

Due to the absence of a Township Medical Officer in Buthidaung the EPI vaccination coverage is reduced in 2009.

#### Maternal and Newborn Health Coverage of complete ANC care (4 or more visits) Proportion births attended by skilled person Proportion of birth taking place in EmOC facilities

Proportion of low birth weight deliveries (<2500g) 3% **Family Planning** Proportion of women using contraceptives N/A 0

#### Sexual and Gender-based Violence

Incidence of rape (reported cases / 10,000/ year) N/A **(** variable Proportion of rape survivors who receive PEP <72 h N/A Φ 100% Proportion of rape survivors who receive ECP <120 h N/A Φ 100% Prop. of rape survivors receiving STI prophylaxis <2wks N/A **(D)** 100% Standard

Although Basic Health staff and IPs' MCH fixed and mobile clinics are providing ANC/PNC, awareness raising, coverage of complete ANC has not reached to the standard. The reasons include lack of awareness, cultural barriers, travel restriction and other social factors. The partnership programme on MNCH is still needed to continue and to expand to most remote areas. In addition, promotion of deliveries by skilled person, timely referrals, promotion of maternal nutrition and exclusive breast feeding and immunization should be strengthened to reach all

Awareness raising on prevention and management of physical/medical, psychological and legal aspects of SGBV remain to be implemented.

Health departments have some programmes on HIV prevention and treatment including

awareness raising/education on prevention of HIV as well as care and support of PLWHIV in the

MSF-AZG has established one clinic in each Township, supporting PoCs for STI treatment, VCT, ART, prevention program for high-risk groups and providing of food rations for ART cases with the

support of WFP. AMI, Malteser and ACF referred the suspected cases, high-risk cases and drugresistant TB to MSF\_AZG clinic for VCT and further necessary treatment, care and support.

#### Protection

Are PoCs included in national HIV strategic plans?

#### Monitoring and Evaluation

Are PoCs included in national HIV sentinel surveillance? Date of last BSS/ KAPB survey

Condom distribution rate (Nr. of condoms/person/month) Does appropriate IEC material exist for PoCs? Are risk groups targeted with prevention programs? Proportion of donated blood units screened for HIV

Do PoC's have equal access to ART as host community?

Prop. of HIV-pos mothers receiving cotrim. prophylaxis

#### N/A 0 ≥ 0.5 1 Yes Yes \$ Yes Yes

34

**(D)** 

Standard

100%

≥ 50%

≤ 15%

≥ 30%

Yes

68%

32%

2% × ≥ 50%

Yes

Nο

N/A

Yes

200

N/A

N/A

N/A

N/A

#### N/A **D** 100% N/A Φ 100%

(II) 100%

0 100%

0 1 per year

× ≤ 5%

× ≤ 2%

Φ ≤ 20%

0 ≤ 20% 2100

Φ

Yes

variable

Standard

1 per year

Since PoCs in NRS have lack of knowledge on HIV/AIDS prevention, care and support, HIV programmes should be expanded not only by health department and agencies but also involved by other department like social welfare, education and NNGOs.

The PMTCT programme for Maungdaw health department is supported by UNFPA and UNICEF for Buthidaung Township.

### Prop. of HIV-pos infants receiving cotrim. prophylaxis

**Care and Treatment** 

Surveys & Assessments Date of last nutrition survey

Nr. of HIV Positive POCs receiving ART

Date of last Joint Assessment Mission (JAM)

Global acute malnutrition rate (GAM) 21.0% Severe acute malnutrition rate (SAM) 3 5% Prevalence of anaemia in children under five N/A Prevalence of anaemia in women of reproductive age N/A Average number of kilocalories per person per day N/A

#### Malnutrition

**Food Security** Does UNHCR provide complimentary food?

Did the general food ration change during the year? Did WFP report any pipeline/stock breaks during the year? Are PoCs included in national Food Security strategy? Proportion of ration sold by PoCs to buy other food items

#### Yes Yes Yes N/A (II) < 30%

surveillance finding of the health department, the nutrition status of under 3 children in NRS  $\,$ reached a borderline standard. At community level, IPs identified many malnourished children and women and provided feeding programmes, referral for therapeutic feeding, treatment of underlying disesaes, nutrtion/ hygiene education and demonstration & education on the preparation of balance food with locally available resources for the mothers of malnourished children, care takers and the community.

Nutrition and food security surveys are usually conducted by ACF and WFP. According to the

#### Water, Sanitation and Hygiene Average quantity of potable water per person per day

Nr. of persons per water tap Proportion of pop. living within 200 m from water point Nr. of persons per drop-hole in communal latrine Proportion of families with latrines Proportion of camps with 1 hygiene promoter/ 500 persons Proport. of families receiving >250g soap/person/month

#### Standard m > 201

≥ 90%

N/A ≤ 80 N/A 0 100% N/A 0 ≤ 20 67% × 100% ≥ 75% N/A 0

0

Although indicator data are not available, ACF has been implementing water, sanitation and hygene promotion programmes since ten years, reaching even to the remote areas. However, some of the villages struggle with sub-standards for non-accessibility of roads and transportation of machines and manpower. There are also some constraints in the maintenance of water sources, hand-pumps and tube-wells. Hygiene education and behavior change is also needed to strengthen the overall impact of WASH interventions

Malteser provided safe water systems and some public and household latrines to the community

N/A

N/A



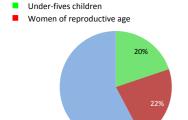
# Maungdaw

# Myanmar

**Total Population** 

# Fact Sheet 2009

### Public Health & HIV



## **Implementing Partners:**

Health/ HIV ACF, Malteser Nutrition ACF. Maltese WatSan ACF. Malteser

Yes

Yes

Yes

2009

0.35

1.11

%

40.8

223

14.6

12.0

9.7

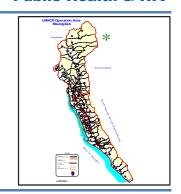
%

37.3

511.575

101.379

114,708



Access to Health Services

Do PoCs have access to national health facilities? Do PoCs have to pay for primary health care? Nº of HC facilities where PoCs have free access No of consultations per trained clinician per day Do PoCs have access to 2nd and 3rd level care? Does a referral system exist?

Are referral cases reviewed by a board (or alt. system)?

2009 Standard Yes No 46 N/A Φ ≤ 50

Yes

Yes

Yes

Standard

≤ 1.5

≤ 3.0

Overall Objective:

To promote the integration of persons of concern into Myanmar's society, to improve their livelihoods and the peaceful co-existence with their neighbors of different ethnicity.

Health and Nutrition Sector Objectives for 2009

- 1. Improved reproductive health status of the population of concern to UNHCR in NRS.
- 2. Population of concern to UNHCR enjoys improved health care services, with special focus on malaria and TB.

### **Public Health Impact**

Crude Mortality Rate (CMR) (from survey) Under-fives Mortality Rate (U5MR) (from survey)

#### Patient load

U5 Morbidity (%)

Low birth weight & Prematurity

Diarrhoea

Malnutrition

Neonatal Jaundice

Malnutrition

Crude Morbidity (&)

Average number of new patients per month Average number of repeat patients per month Average number of referrals per month

N/A	Φ	
N/A	•	
N/A	Ф	

Proportional Morbidity

#### Activities:

1. Reproductive Health/ Maternal & Neonatal Health

(a) provision of antenatal care, safe delivery, post-natal care,

(b) awareness raising on RH and safe delivery for pregnant women and community,

- (c) provision of Clean Delivery Kits,
- (d) provision of family planning,
- (e) promotion of breast-feeding practices,
- (g) prevention and treatment of HIV/AIDS and STI
- (h) support of some gynaecological cases for repair/ reconstructive surgery in coordination and collaboration with Department of Health, UNFPA and Malteser,
- (i) construction of two delivery units in Maungdaw North and
- (j) renovation and provision of essential equipment for some health facilities in NRS.

### 2. Primary Health Care including prevention and treatment of Malaria and TB

(a) awareness raising,

Maungdaw North.

- (b) improving the diagnosis and treatment of malaria/ TB with nutrition support,
- (c) establishment of referral system in coordination with township health department.
- (d) emergency response, management and reporting of diseases outbreak and prevention like diarrhoea, AH1N1.
- (e) screening for malnutrition for under 5 children, pregnant/ lactating women and therapeutic/ supplementary feeding programs
- (f) training and support for community health workers.

### 3. Water, Sanitation and Hygiene (WASH)

(a) Hygiene promotion awareness raising

(h) community training and provision of water purifiers

Public Health Status

28.9 Respiratory Tract Infection Diarrhoea 20.5 Dysentery 10.3 2.9

2009 16.3% × ≤ 5% 2.4% ≤ 2% Prevalence of anaemia in children under five N/A Φ ≤ 20% **(D)** < 20% Prevalence of anaemia in women of reproductive age N/A

N/A

2009

N/A

The prevalence of anaemia in children under 5 and women of reproductive age is not assessed routinely. However, more than 80% of pregnant women in Myanmar are believed to be anaemic. Pregnant women receive routinely Ferrous-Folate during pregnancy.

ACF, Malteser and MSF-AZG are conducting screenings for malnutrition and are providing therapeutic/ supplementary feeding programme. The prevalence of GAM is still high. During the hunger period, June-September, there was an increased number of malnourished children

## **Maternal and Newborn Health**

Sexual and Gender-based Violence

Global acute malnutrition rate (GAM)

Severe acute malnutrition rate (SAM)

Do pregnant women have access to antenatal care? Do pregnant women have access to safe delivery care? Do women have access to family planning?

Proportion of rape survivors who receive PEP <72 h

Proportion of rape survivors who receive ECP <120 h

Average number of kilocalories per person per day

Yes Yes Yes Yes Yes Yes 2009 Φ N/A 100%

Φ

**(** 

2100

Standard

100%

The proportion of deliveries attended by skilled staff was 32% in 2009 compared with 15% in 2006, 32% of pregnant women benefited from ANC by qualified health staff. IPs have been providing ANC/PNC through PHC and mobile clinics, complimenting government MNH programs. Family planning services along with advocacy to the communities for their acceptance are carried out by IPs. According to Township Health Department, contraceptive prevalence rate is 27.8%; still low compared to the national rate. Reported by Township Medical Officer, the abortion rate is 4.1% which is likely underreported; NNMR 13.9 per 1000 live birth, IMR is 5.5 per 1,000 live birth, and MMR is very high at 210 per 100,000 live birth. Clinical management of rape survivors are currently provided by MSF-AZG and the Township hospital. UNHCR and IP constructed two delivery room in

## Prevention

Condom distribution rate (Nr. of condoms/person/month) Does appropriate IEC material exist for PoCs? Are risk groups targeted with prevention programs? Proportion of donated blood units screened for HIV Do pregnant & lactating women have access to PMTCT? 2009 Standard ≥ 0.5 × Yes No

Yes 1 100% × Yes No Yes

Since Maungdaw is not a high-prevalence HIV/AIDS area, the government health department and IPs mainly focus on awareness raising and health education on HIV/AIDS/STI prevention for general community and for pregnant women. However, MSF-AZG has been providing VCT and ART for the PLWHIV and focus on prevention programs for high risk groups. As government hospitals are the only blood transfusion facilities, (Living Blood Bank), all of

donated blood units are screened for HIV, however, patients need to pay for testing. Condom distribution has been conducted by both government and IP/OPs, MSF-AZG and Malteser in Maungdaw Township with desensitization. During the reporting period, Malteser distributed estimated 100,000 male condoms via PHC centres, TBAs and CHWs. According to the TBAs, even the men came and asked the condoms from the TBAs. The PMTCT program in Maungdaw is coordinated by UNFPA and no data is available from Township Health department. All IPs and OPs are conducting HIV HE on prevention, care & support.

**Care and Treatment** 

Do PoC's have equal access to ART as host community? Nr. of HIV Positive POCs receiving ART Prop. of HIV-pos mothers receiving cotrim. prophylaxis Prop. of HIV-pos infants receiving cotrim. prophylaxis

## Yes 100%

Yes /ariable N/A **(1)** 100% N/A **①** 100%

Standard/target borderline

# **Buthidaung**

# **Myanmar**

# Fact Sheet 2009

**Public Health & HIV** 

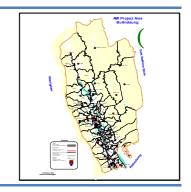




#### **Implementing Partners:**

Health/ HIV AMI, Malteser, ACF Nutrition ACF. AMI WatSan

ACF



#### Access to Health Services

Do PoCs have access to national health facilities? Do PoCs have to pay for primary health care? No of HC facilities where PoCs have free access Nº of consultations per trained clinician per day Do PoCs have access to 2nd and 3rd level care? Does a referral system exist?

Are referral cases reviewed by a board (or alt. system

	2009		Standard
	Yes	4	Yes
	Yes		
	33		
	N/A	<b>①</b>	≤ 50
	Yes	1	Yes
	Yes	4	Yes
m)?	Yes	4	Yes
	2009		Standard

N/A

N/A

N/A 0

N/A

N/A **①** 

N/A

N/A

N/A

0 ≤ 1.5

Φ < 3.0

**(** 

Proportional Morbidity

0% | 0%

0% 0%

### Overall Objective:

To promote the integration of persons of concern into the mainstream of Myanmar society, to improve their livelihoods and the peaceful co-existence with their neighbors of different ethnicity.

Health and Nutrition Sector Objectives for 2009

- 1. Improved reproductive health status of the population of concern to UNHCR in NRS.
- 2. Population of concern to UNHCR enjoys improved health care services, with special focus on malaria and TB.
- 3. Coordinated approach to health care services in NRS, with particular focus on reproductive health.

### **Public Health Impact**

Crude Mortality Rate (CMR) (from survey) Under-fives Mortality Rate (U5MR) (from survey)

#### **Patient load**

Health

Public

Public Health Status

Average number of new patients per month Average number of repeat patients per month

Average number of referrals per month	
U5 Morbidity (%)	
N/A	
N/A	

N/A		N/A
N/A		N/A
N/A		N/A
Crude Morbidity (&)		%
N/A	-	N/A
N/A		N/A
N/A		N/A
N/A		N/A

### 1. Reproductive Health/ Maternal & Neonatal Health

(a) Antenatal Care, and Post-natal Care provided by mobile MCH, (b) skilled care in delivery provided, (c) family planning sessions delivered to women of reproductive age, and (d) education sessions on RH issues delivered in schools and in community.

#### 2. Primary Health Care

(a) Basic medical care provided to under 5 children, (b) prompt detection and referral to trained care providers, (c) support provided to two local communities to run a community-based referral  ${\sf comm}$ system, and (d) screening for malnutrition for under 5 children, pregnant women and lactating mothers

#### 3. HIV/ AIDS prevention

(a) VCT counseling provided to pregnant women in the screening centre.

#### Achievement/ Constraints:

- PoCs do not necessarily pay for services but need to pay for medicine.
- Referrals can be delayed because of delayed decision of family members to send the patients. cultural barriers, needed travel authorization, or delayed treatment because of lack/ insufficient human resource/medicine/ equipment at the hospitals,
- During 2009, UNHCR distributed 20,000 LLIN, UNCEF 11,500 and CARE 3,000 in Buthidaung Township.
- Malterser are supporting the identification, investigation, referral, closed monitoring and follow up of patients on DOTS, with nutrition provision for the TB patients,
- ACF provides feeding programme and
- MSF AZG provided HIV prevention and provision of treatment for People Living with HIV.
- ACF/LINHCR provided 426 Chulli water filters to the household level in Ruthidaung Townshin

# Malnutrition

N/A

Global acute malnutrition rate (GAM)
Severe acute malnutrition rate (SAM)
Prevalence of anaemia in children under five
Prevalence of anaemia in women of reproductive age
Average number of kilocalories per person per day

2009		Standard
25.7%	×	≤ 5%
4.5%	×	≤ 2%
N/A	<b>①</b>	≤ 20%
N/A	<b>①</b>	≤ 20%
	×	2100

2009

Yes

Yes

Yes

2009

N/A

N/A N/A 100%

Yes

200

N/A **(** 100%

N/A (II) 100% AMI has conducted malnutrition screening of under 5 children, pregnant women and lactating women. AMI referred severely malnourished clients to ACF for therapeutic feeding and the malnourished clients with medical problems to government hospital for necessary treatment. During the hunger period, June-September, there was an increase in the number of malnourished  $\,$ children admitted to ACF tharapeutic feeding centres. Because of low coverage and lack of collaborative efforts among INGOs and health department, malnutrition rate is still very high.

### Maternal and Newborn Health

Do pregnant women have access to antenatal care? Do pregnant women have access to safe delivery care? Do women have access to family planning?

# Sexual and Gender-based Violence

Proportion of rape survivors who receive PEP <72 h
Proportion of rape survivors who receive ECP <120 h

Standard	According to data collected by AMI's MCH activities, 63% of women of reproductive age range ave
Yes	access to RH services (ANC, PNC and skilled birth attendance). Antenatal coverage by the skilled
Yes	BHS is 45.5% and 24 % of pregnant women were delivered by skilled persons. The contraceptive
Yes	prevalence rate in Buthidaung is 12.3 % in AMI covered areas and 7.8% for the whole Township

100%

Yes

variable

### cess to RH services (ANC, PNC and skilled birth attendance). Antenatal coverage by the skilled S is 45.5% and 24 % of pregnant women were delivered by skilled persons. The contraceptive evalence rate in Buthidaung is 12.3 % in AMI covered areas and 7.8% for the whole Township

Because of social and traditional barriers, inequality of power relation, stigma & discrimination, lack of information and lack of awareness and lack of PEP services, most of the rape cases are not reported, or reported very late and could not receive PEP.

#### Prevention

Legend:

Condom distribution rate (Nr. of condoms/person/month) Does appropriate IEC material exist for PoCs? Are risk groups targeted with prevention programs? Proportion of donated blood units screened for HIV Do pregnant & lactating women have access to PMTCT?

### **Care and Treatment**

Do PoC's have equal access to ART as host community? Nr. of HIV Positive POCs receiving ART Prop. of HIV-pos mothers receiving cotrim. prophylaxis

Prop. of HIV-pos infants receiving cotrim. prophylaxis

2009 N/A **(** ≥ 0.5 Nο × Yes 1 Yes Yes 100% 100% X Yes Nο

Condom distribution has been conducted by the government health department and IPs, AMI and  $\,$ Malteser in Buthidaung Township

There is a UNICEF funded- PMTCT program in Buthidaung and one mother and her baby have been found positive for HIV. Currently, AZG is supporting ART to estimated 200 positive patients in Buthidaung Township. All IPs and OPs are providing HIV education on prevention, care & support and reducing stigma. AMI is providing VCT counseling to pregnant women in the screening centre.

Standard/ target borderline