Group Work: Socio-Ecological Model

Expected duration: 15 mins

Objective: reinforce participants' understanding of the socio-ecological model

* Display the following video: [https://www.whatworks.co.za/resources/film-and-audio/ item/400-equal-access-Nepal](https://www.whatworks.co.za/resources/film-and-audio/%20item/400-equal-access-Nepal) .
* Divide the participants in groups.
* Let the participants work in groups for 5 minutes, inviting them to reflect on the extent that the prevention strategy of Equal Access Nepal works across the different levels of the socio-ecological model.
* No plenary feedback session.

Key considerations:

* Individual level: life skills building, mainly focused on communication in marriage.
* Relationships level: direct work with couples, facilitated group discussions about
healthy relationships.
* Community level: social and behavioural change communication through community outreach, e.g. through role play, theatre.
* Society level: using media (radio campaign) for social and behavioural change communication.

